

Race V50 Men 4xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos
1	Cumbernauld Amateur Athletics Club V50	1:44:49	Stephen Allan (M50)	17:43	1	Stephen Allen (M50)	34:43	1	Walter Henderson (M50)	18:22	1	Louis O'Hare (M50)	34:01	1
2	Corstorphine AAC V50	1:46:38	Iain Macleod (M50)	18:05	2	Max Colligan (M50)	35:17	2	Jeremy Rogers (M50)	18:38	2	Alan Cunningham (M50)	34:38	2
3	Edinburgh Athletic Club V50	1:49:04	David Cross (M50)	19:03	4	Michael Fullerton (M50)	36:00	3	Malcolm Parry (M50)	19:54	3	Tim Hely (M50)	34:07	3
4	Cambuslang Harriers V50	1:50:42	David Thom (M60)	19:12	5	Brian Douglas (M50)	37:10	4	Colin Feechan (M60)	19:17	4	Jamie Reid (M50)	35:03	4
5	Corstorphine AAC V50	2:01:04	David Arnott (M50)	20:46	8	Stuart Campbell (M50)	36:16	5	Jan-Bert Van Den Berg (M60)	23:10	5	Andy Nichol (M50)	40:52	5
6	Central Athletic Club V50	2:01:21	David Eckersley (M60)	19:50	7	Charles Graham-Marr (M60)	41:05	8	Donald Shaw (M50)	20:42	7	Ewan Jack (M50)	39:44	6
7	Victoria Park City of Glasgow AC V50	2:06:29	Allan Cameron (M50)	18:36	3	Sandy Gardner (M50)	42:02	7	Duncan Thomson (M50)	21:37	8	Stuart Kelly (M50)	44:14	7
8	Lothian Running Club V50	2:15:45	Harry Mulholland (M60)	22:09	11	Jonathan Thomson (M50)	41:43	10	Stevie Reynolds (M60)	25:19	9	Mick Mckeon (M50)	46:34	8
9	Lothian Running Club V50	2:41:32	Paul Ross (M50)	24:30	14	Russell Rennie (M60)	49:04	11	Ted Finch (M70)	36:08	12	Stuart Mitchell (M50)	51:50	9
	Linlithgow Athletic Club V50		Ian Fyfe (M60)	23:56	13	Innes Chalmers (M50)	50:26	12	David Mumford (M50)	26:40	11			
	Kirkintilloch Olympians V50		Paul Reilly (M50)	21:59	10	Scott Elliott (M60)	41:10	9	Colin Simpson (M60)	26:12	10			
	Cumbernauld Amateur Athletics Club V50		Ross McEachern (M50)	19:32	6	David Hogg (M50)	38:06	6	Andrew Callan (M50)	20:27	5			
	Central Athletic Club V50		Hugh Buchanan (M60)	22:59	12									
	Cambuslang Harriers V50		Des Dickson (M60)	21:11	9									

Race Senior and V40 Women 4xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos	Leg4	Time	Pos
1	Fife AC	1:47:28	Jennifer Cruickshanks (SW)	20:29	9	Jenny Selman (SW)	34:43	2	Megan Crawford (SW)	19:09	2	Annabel Simpson (SW)	33:07	1
2	Edinburgh Athletic Club	1:48:58	Beth Ansell (SW)	17:53	1	Chloe Malcolm (SW)	36:31	1	Merce Sanchez Oller (SW)	18:45	1	Rose Penfold (SW)	35:49	2
3	Shettleston Harriers	1:52:48	Holly Morrison (SW)	19:47	6	Avril Mason (W40)	37:46	5	Victoria Riddell (SW)	19:58	4	Eilidh Bell (SW)	35:17	3
4	Corstorphine AAC	1:54:29	Megan Smith (SW)	21:08	12	Josie-Wren Golder (U20W)	36:51	6	Kirstin Maxwell (SW)	19:42	5	Kara Mckenzie-Tait (SW)	36:48	4
5	Gala Harriers Athletic Club	1:55:41	Pamela Baillie (W40)	20:25	7	Katy Barden (W40)	36:56	4	Joeleen Murdoch (W40)	23:31	8	Sara Green (W40)	34:49	5
6	Central Athletic Club	1:56:19	Catrina Kane (U20W)	20:59	11	Morag Millar (SW)	34:51	3	Ami Holty-Ber Wall (SW)	20:54	3	Kimberley Milne (SW)	39:35	6
7	Edinburgh Athletic Club	1:57:36	Margot Julia Wyrwoll (SW)	18:28	3	Frances Liddell (SW)	40:51	10	Fiona Davies (SW)	20:16	6	Hazel Maccormick (W40)	38:01	7
8	Garscube Harriers	2:00:41	Martha Lovatt (W40)	22:18	20	Mary Senior (W50)	39:24	16	Gillian Blee (W40)	20:41	11	Katie White (W40)	38:18	8
9	Dundee Road Runners AC	2:02:21	Eve Martin (SW)	21:31	17	Maini Littleton (SW)	36:58	8	Hannah Barnet (SW)	22:28	9	Fiona Canavan (SW)	41:24	9
10	Shettleston Harriers	2:03:05	Amy Maclellan (SW)	20:26	8	Elena Heeger (SW)	37:48	7	Carly Monaghan (SW)	24:24	12	Gemma Griffiths (U20W)	40:27	10
11	Cambuslang Harriers	2:04:21	Marie Kane (SW)	20:56	10	Lesley Hughes (SW)	38:09	9	Rachel Wardrope (SW)	23:37	13	Zara Higgins (SW)	41:39	11
12	Perth Road Runners	2:06:01	Lorraine Macpherson (W40)	21:20	15	Paige Brown (SW)	41:38	17	Rhiannon Laing (SW)	21:04	15	Rose Ryan (U20W)	41:59	12
13	East Kilbride AC	2:09:12	Millie Aitken (U20W)	21:14	13	Kelly Baillie (W40)	39:45	13	Emma Livingstone (U20W)	22:16	14	Vivien Thorpe (W40)	45:57	13
14	Greenock Glenpark Harriers	2:10:42	Lynne Harrison (W50)	23:43	23	Jill Cox (W40)	37:26	14	Cheryl Thomas (W40)	24:30	18	Fiona Macfarlane (W40)	45:03	14
15	Hunters Bog Trotters	2:12:28	Nicole De Jong (SW)	25:08	29	Shona McIntosh (W40)	36:28	15	Isla Cameron (W40)	23:12	16	Nicola Lytle (SW)	47:40	15
16	Metro Aberdeen Running Club	2:14:21	Ruth Crawford (W40)	26:17	32	Tara Fairley (W40)	42:23	23	Julie Hendry (W40)	21:10	19	Iona Kriauzaitė (W40)	44:31	16
17	Edinburgh Athletic Club	2:16:04	Hannah Waugh (W40)	23:05	22	Elaire Davies (W50)	45:11	22	Karen Dobbie (W50)	22:39	20	Emma Laverie (W40)	45:09	17
18	Kirkintilloch Olympians	2:18:03	Heather Wood (W40)	27:02	37	Marina McCallum (W50)	46:59	28	Kayla Mccandlish (SW)	23:52	24	Anne Marie McGregor (W50)	40:10	18
19	Lothian Running Club	2:18:24	Mags Buckley (W40)	26:26	33	Mel Zobel (W40)	42:26	24	Christine MacVarish (W50)	22:56	22	Abigail Strath (U20W)	46:36	19
20	Kilmarnock Harrier & Athletic Club	2:22:48	Susan Boyd (W70)	27:06	38	Lyndsey O'Connor (W40)	38:38	19	Lorna Baird (SW)	19:20	17	Izzy Caulfield (U20W)	57:44	20
21	Linlithgow Athletic Club	2:23:43	Tracy Curle (W50)	24:57	27	Rosemary Gallagher (W50)	47:19	26	Shona Banks (W50)	28:05	25	Christine Mulholland (W50)	43:22	21
22	Cumbernauld Amateur Athletics Club	2:24:35	Alicia Paton (SW)	18:45	5	Emma Murphy (SW)	41:24	12	Carla Mclellan (SW)	21:33	10	Pamela Parker (W50)	1:02:53	22
23	Garscube Harriers	2:25:09	Alison Wood (SW)	21:26	16	Holly Smith (SW)	46:09	21	Morag Casey (W50)	26:29	23	Fiona Moar (SW)	51:05	23
24	Glasgow University Hares and Hounds	2:27:42	Ruby McGill (U20W)	22:02	19	Tara Tallullah Garioch (U20W)	44:35	20	Jennifer Main (SW)	24:59	21	Shae Reynolds (U20W)	56:06	24
25	Helensburgh AAC	2:28:24	Catherine McCusker (W50)	25:22	30	Debbie Savage (W40)	52:19	30	Lydia Murchison (SW)	23:57	26	Laura Johnstone (W40)	46:46	25
26	Lothian Running Club	2:34:21	Dawn Watson (W50)	26:53	35	Kirsten Paul (SW)	54:14	32	Claire Williams (W40)	23:59	28	Kirsty Gray (W40)	49:15	26
27	Linlithgow Athletic Club	2:34:58	Kathryn Holm (W40)	26:33	34	Kirsty Nicholson (W40)	52:17	31	Roisin Murray (SW)	24:59	27	Lana O'Hara (W40)	51:09	27
28	Motherwell Athletics Club	2:41:00	Fiona Greaney (W50)	24:44	26	Emma Main (W40)	1:00:13	33	Julie McKean (W40)	23:51	29	Emma Knox (SW)	52:12	28
DO	Bellahouston Road Runners	T5 S2 (3)(ii)	Kelly Taylor (SW)	19:40		Rebekah Russell (SW)	36:35		Lucy Mitchell (SW)	19:05		Holly Andrews (SW)	37:18	
	Gala Harriers Athletic Club		Gina Allen (W40)	22:24	21	Katie Rourke (SW)	37:13	11	Martha Douglas (SW)	20:47	7			
	Corstorphine AAC		Jilly Adams (SW)	21:49	18	Jennifer Johnston (W40)	42:01	18						
	Bellahouston Harriers		Stephanie Rudd (W50)	25:22	31	Pauline Henderson (W60)	46:09	25						
	Falkirk Victoria Harriers		Niamh Brown (SW)	21:18	14	Helena Gribben (W50)	52:03	27						
	Garscube Harriers		Megan McCrossan (SW)	26:58	36	Amy Cromarty (SW)	49:48	29						
	Giffnock North AC		Emma Creasey (SW)	18:22	2									
	Aberdeen Amateur Athletic Club		Emma Jenkins (SW)	18:43	4									
	Cambuslang Harriers		Erica Christie (W60)	24:06	24									
	Fife AC		Louise Provan (W40)	24:25	25									
	Central Athletic Club		Hannah Hislop (SW)	25:02	28									

Race V50 Women 3xRELAY

Pos	Team Name	Time	Leg1	Time	Pos	Leg2	Time	Pos	Leg3	Time	Pos
1	Edinburgh Athletic Club V50	1:23:36	Susan Ridley (W50)	21:14	1	Jennifer MacLean (W50)	41:05	1	Julie Wilson (W50)	21:17	1
2	Gala Harriers Athletic Club V50	1:31:49	Gillian Lunn (W50)	22:36	2	Lisa Dalgliesh (W50)	45:00	2	Eileen Maxwell (W60)	24:13	2
3	Helensburgh AAC V50	1:41:38	Janet Fellowes (W60)	29:13	3	Julia Cafree (W50)	45:11	3	Linda Wright (W50)	27:14	3
4	Lothian Running Club V50	1:58:22	Joanne Turnbull (W50)	29:39	4	Liz Bondi (W60)	55:31	4	Mags Turnbull (W60)	33:12	4

Rank	Athlete	Club	Time	Leg
1	Ben MacMillan (SM)	Central Athletic Club	15:02	1
2	Ben Sandilands (SM)	Fife AC	15:16	1
3	Joel Lange (SM)	Central Athletic Club	15:32	1
4	Kieran Reilly (SM)	Central Athletic Club	15:35	5
5	Owen Miller (SM)	Fife AC	15:36	3
6	Hamish Hickey (SM)	Central Athletic Club	15:43	5
6	Stephen Addison (SM)	Glasgow University Hares and Hounds	15:43	5
6	Jonathan Marshall (U20M)	Central Athletic Club	15:43	1
9	Jamie Phillips (U20M)	Kilmarnock Harrier & Athletic Club	15:44	1
10	Ewan Brown (SM)	Corstorphine AAC	15:45	5
10	Aaron Hoyle (SM)	Corstorphine AAC	15:45	1
12	Alastair Marshall (SM)	Central Athletic Club	15:50	3
13	Ryan Gray (SM)	Inverclyde Athletic Club	15:52	3
14	Nikolai Gajić (SM)	Giffnock North AC	15:53	3
14	Angus Smith (SM)	Corstorphine AAC	15:53	1
16	Calum Young (SM)	Giffnock North AC	15:57	1
16	Iain Whitaker (M40)	Edinburgh Athletic Club	15:57	1
18	Michael Sanderson (SM)	Fife AC	15:59	5
19	Stuart Donnachie (SM)	Cambuslang Harriers	16:01	1
20	Jack Eykelbosch (SM)	Corstorphine AAC	16:06	3
21	Elliot Frame (U20M)	Glasgow University Hares and Hounds	16:07	1
22	John Lenehan (SM)	Edinburgh Athletic Club	16:09	5
23	Christopher McLew (SM)	Cambuslang Harriers	16:13	1
24	Colin Reilly (SM)	Cambuslang Harriers	16:19	5
25	Andrew Carey (SM)	Cambuslang Harriers	16:20	3
25	Peter Cameron (SM)	Edinburgh Athletic Club	16:20	3
25	Andrew Taylor (SM)	Shettleston Harriers	16:20	1
28	Euan Duernberger (SM)	Edinburgh Athletic Club	16:23	3
28	Glen Griffiths (U20M)	Giffnock North AC	16:23	5
28	Steven Murray (SM)	Aberdeen Amateur Athletic Club	16:23	1
31	David Mackintosh (SM)	Bellahouston Harriers	16:24	1
31	Matthew Knak (U20M)	Giffnock North AC	16:24	1
33	Craig Ruddy (SM)	Inverclyde Athletic Club	16:30	5
33	Josh Wood (SM)	Central Athletic Club	16:30	3
35	Dylan Crawford (SM)	Greenock Glenpark Harriers	16:31	1
36	Crawford Smith (U20M)	Garscube Harriers	16:38	1
37	Eoghan Macnamara (SM)	Aberdeen Amateur Athletic Club	16:41	5
37	Henry Horiuchi-Sutton (SM)	Glasgow University Hares and Hounds	16:41	3
39	Gregor Hunter (U20M)	Falkirk Victoria Harriers	16:44	1
39	Luke Kirwan (SM)	East Kilbride AC	16:44	1
41	Callum Hunter (SM)	Corstorphine AAC	16:49	3
42	Jack Fullerton (SM)	Corstorphine AAC	16:51	5
42	Nathan Brown (SM)	Edinburgh Athletic Club	16:51	1
44	Bryan Mackie (M40)	Edinburgh Athletic Club V40	16:55	1
45	Lewis Roddis (U20M)	Cambuslang Harriers	16:56	3
46	Darrin Pryde (SM)	Edinburgh Athletic Club	17:00	5
47	David Henderson (M40)	Inverclyde Athletic Club	17:02	1
48	Zak Povey (U20M)	Glasgow University Hares and Hounds	17:04	1
49	Iain Hutchinson (M40)	Corstorphine AAC V40	17:07	1
50	Ben Nelson (SM)	Aberdeen Amateur Athletic Club	17:13	3
50	Kyle Johnstone (U20M)	Greenock Glenpark Harriers	17:13	3

Rank	Athlete	Club	Time	Leg
52	Andrew Forteath (M40)	East Kilbride AC	17:16	3
53	Mark Ritchie (SM)	Lothian Running Club	17:21	1
54	Ryan Kirkland (SM)	Lothian Running Club	17:22	5
55	John Redding (M40)	Linlithgow Athletic Club	17:26	1
56	Kyle Fleming (SM)	Kirkintilloch Olympians	17:29	1
57	Andrew Irvine (SM)	Central Athletic Club	17:31	3
58	Ewan Crawford (SM)	Hunters Bog Trotters	17:35	5
59	Malcolm Lang (M40)	Corstorphine AAC V40	17:36	3
60	Alastair Brockie (M40)	Corstorphine AAC V40	17:41	5
60	Euan Rennie (SM)	Lothian Running Club	17:41	3
60	Tom Ferrington (M40)	Corstorphine AAC V40	17:41	1
63	Stephen Allan (M50)	Cumbernauld Amateur Athletics Club V50	17:43	1
64	Joshua Dack (SM)	Lothian Running Club	17:51	1
65	Jason Kane (SM)	Inverclyde Athletic Club	17:59	3
66	Euan Andrews (U20M)	Central Athletic Club	18:01	5
66	Jack Kirwan (SM)	East Kilbride AC	18:01	5
68	Mark Wilkins (M40)	Metro Aberdeen Running Club V40	18:02	5
69	Iain Macleod (M50)	Corstorphine AAC V50	18:05	1
69	Mark Forrester (SM)	Lothian Running Club	18:05	1
71	Mark Thornton-Smith (M40)	Edinburgh Athletic Club V40	18:07	3
72	Jordan Orr (SM)	Giffnock North AC	18:08	3
73	Calum Sinclair (SM)	Metro Aberdeen Running Club	18:10	5
74	Kevin Hamilton (SM)	Edinburgh Athletic Club	18:11	1
75	Gordon Pryde (M40)	Edinburgh Athletic Club V40	18:18	5
76	Walter Henderson (M50)	Cumbernauld Amateur Athletics Club V50	18:22	3
76	Sean Gaffney (SM)	Inverclyde Athletic Club	18:22	1
78	Moray Anderson (M40)	Corstorphine AAC V40	18:24	3
79	Mark Young (SM)	Metro Aberdeen Running Club	18:29	3
80	Connor Scobie (U20M)	Kilmarnock Harrier & Athletic Club	18:32	3
81	Dino Roussias (M50)	Metro Aberdeen Running Club V40	18:33	3
82	Andrew John Ferguson (SM)	Aberdeen Amateur Athletic Club	18:35	1
83	Allan Cameron (M50)	Victoria Park City of Glasgow AC V50	18:36	1
84	Jeremy Rogers (M50)	Corstorphine AAC V50	18:38	3
84	Bryan Smart (M50)	Metro Aberdeen Running Club V40	18:38	1
86	Matthew Brown (SM)	Bellahouston Harriers	18:40	3
87	Alan Moss (M40)	Bellahouston Road Runners	18:41	5
88	Calum Ferguson (SM)	Bellahouston Harriers	18:47	5
88	Ieuan Harries (SM)	Glasgow University Hares and Hounds	18:47	5
90	Sam MacNeil (SM)	Edinburgh Athletic Club	18:52	5
91	Gary Lyon (M40)	Cambuslang Harriers V40	18:53	1
92	Driss Keriouh (SM)	Lothian Running Club	18:54	3
93	Craig Bell (SM)	Edinburgh Athletic Club	18:56	3
93	Jose Leon (SM)	Linlithgow Athletic Club	18:56	3
95	Christopher Fife (SM)	Corstorphine AAC	18:58	1
96	David Cross (M50)	Edinburgh Athletic Club V50	19:03	1
97	Rory Anderson (SM)	Teviotdale Harriers	19:04	5
98	Andrew Gibson (M40)	Teviotdale Harriers	19:05	1
99	David Beattie (M40)	Teviotdale Harriers	19:07	3
100	Will Crisp (SM)	Hunters Bog Trotters	19:08	3

Rank	Athlete	Club	Time	Leg
101	Barnaby Sharifi (U20M)	Glasgow University Hares and Hounds	19:11	1
102	David Thom (M60)	Cambuslang Harriers V50	19:12	1
103	Oscar Shepherd (U20M)	Edinburgh University Hare & Hounds	19:16	1
104	Colin Feechan (M60)	Cambuslang Harriers V50	19:17	3
105	Kieran Gaffney (M50)	Musselburgh and District AC	19:18	3
106	Euan McInnes (M50)	Lothian Running Club	19:19	5
107	Paul Kernohan (M40)	Cambuslang Harriers V40	19:22	3
108	Kieran Scott (SM)	Corstorphine AAC	19:27	5
109	Roy Tweedie (SM)	Musselburgh and District AC	19:30	1
109	Sam Wallace (SM)	Metro Aberdeen Running Club	19:30	1
111	Ross McEachern (M50)	Cumbernauld Amateur Athletics Club V50	19:32	1
112	Kyle Paterson (SM)	Kirkintilloch Olympians	19:37	3
112	Mark Mccoll (M40)	Shettleston Harriers	19:37	3
114	Rory Sandilands (M40)	Fife AC V40	19:42	3
115	Michael Cushley (M40)	Motherwell Athletics Club	19:45	1
116	David Eckersley (M60)	Central Athletic Club V50	19:50	1
117	Edward Jackson (U20M)	Glasgow University Hares and Hounds	19:52	3
118	Malcolm Parry (M50)	Edinburgh Athletic Club V50	19:54	3
119	Anthony Devlin (M40)	Motherwell Athletics Club	19:56	3
119	Andy Harley (M40)	Fife AC V40	19:56	1
121	Stephen Harrison (M50)	Greenock Glenpark Harriers	20:00	5
122	Stan MacKenzie (M60)	Cambuslang Harriers V40	20:04	5
122	Craig Binnie (M40)	Helensburgh AAC V40	20:04	1
124	Craig Mackenzie (SM)	Motherwell Athletics Club	20:11	3
124	Coll Williamson (SM)	Hunters Bog Trotters	20:11	1
126	Gavin Phillip (M50)	Edinburgh Athletic Club V40	20:23	1
127	Andrew Callan (M50)	Cumbernauld Amateur Athletics Club V50	20:27	3
128	Scott Kelman (SM)	Giffnock North AC	20:30	5
128	Douglas Mason (SM)	Bellahouston Road Runners	20:30	1
130	John Melling (SM)	Bellahouston Harriers	20:32	1
131	Drew Paterson (M50)	Kirkintilloch Olympians	20:37	5
131	Robert Bartley (M40)	Cumbernauld Amateur Athletics Club V40	20:37	1
133	Ewen Cameron (M40)	Motherwell Athletics Club	20:40	1
134	Donald Shaw (M50)	Central Athletic Club V50	20:42	3
135	David Arnott (M50)	Corstorphine AAC V50	20:46	1
136	James Nicol White (M40)	Motherwell Athletics Club	20:49	5
137	Cieron Hadfield (U20M)	Glasgow University Hares and Hounds	20:50	3
137	Daniel O'Connell (M50)	Cambuslang Harriers	20:50	5
139	Jonny Moran (M40)	Bellahouston Road Runners	20:52	3
140	Adam Williamson (SM)	Bellahouston Harriers	21:00	5
140	Denis Williams (M60)	Shettleston Harriers	21:00	5
142	Jamie Slater (SM)	Bellahouston Harriers	21:01	1
143	Jamie Clements (SM)	East Kilbride AC	21:05	1
144	Des Dickson (M60)	Cambuslang Harriers V50	21:11	1
145	Graeme Nicholson (M40)	Musselburgh and District AC	21:15	5
146	Neill Porterfield (M40)	Corstorphine AAC V40	21:21	5
147	Ivor Normand (M50)	Hunters Bog Trotters V40	21:24	1
148	Alan Main (SM)	Motherwell Athletics Club	21:28	5
149	David Fulton (M40)	Hunters Bog Trotters V40	21:35	5
150	Duncan Thomson (M50)	Victoria Park City of Glasgow AC V50	21:37	3

Rank	Athlete	Club	Time	Leg
151	Gordon Craig (M60)	Lothian Running Club V40	21:45	5
152	Iain Robertson (M40)	Clydesdale Harriers	21:56	1
153	Paul Reilly (M50)	Kirkintilloch Olympians V50	21:59	1
154	Harry Mulholland (M60)	Lothian Running Club V50	22:09	1
155	Jason Sinclair (M50)	Falkirk Victoria Harriers	22:15	5
156	Emanuel Corduneanu (SM)	Dundee Road Runners AC	22:34	1
157	Garry Henderson (M60)	Bellahouston Harriers	22:42	3
158	John Kinninmonth (M60)	Fife AC V40	22:48	5
159	Kieran Porter (SM)	Linlithgow Athletic Club	22:57	5
160	Hugh Buchanan (M60)	Central Athletic Club V50	22:59	1
161	Arthur Mulholland (M60)	East Kilbride AC	23:02	5
162	Derek Esson (M50)	Falkirk Victoria Harriers	23:04	3
163	Vincent Glennon (M50)	East Kilbride AC	23:05	3
164	Jan-Bert Van Den Berg (M60)	Corstorphine AAC V50	23:10	3
165	Stewart Strath (M40)	Lothian Running Club V40	23:15	1
166	Andrew Beattie (SM)	Lothian Running Club	23:31	5
167	Martin Rollo (M50)	Dundee Road Runners AC	23:35	3
168	Ian Fyfe (M60)	Linlithgow Athletic Club V50	23:56	1
169	Gordon King (M60)	Helensburgh AAC V40	24:00	5
170	Andre Antunes (M40)	Hunters Bog Trotters V40	24:16	3
171	John Boyle (M50)	Lothian Running Club V40	24:19	3
172	Ryan Nelson (SM)	Clydesdale Harriers	24:27	3
173	Paul Ross (M50)	Lothian Running Club V50	24:30	1
174	Liam Scott (SM)	Lothian Running Club	24:46	3
175	Gordon Andrew (M50)	Helensburgh AAC V40	24:54	3
176	Steven Blair (M50)	Corstorphine AAC	24:56	3
177	Stevie Reynolds (M60)	Lothian Running Club V50	25:19	3
178	Colin Simpson (M60)	Kirkintilloch Olympians V50	26:12	3
179	Eric Stevenson (M70)	Edinburgh Athletic Club V40	26:17	5
180	Brian Howie (M70)	Edinburgh Athletic Club V40	26:36	3
181	Josh McKay (SM)	Dundee Road Runners AC	26:39	5
182	David Mumford (M50)	Linlithgow Athletic Club V50	26:40	3
183	Stewart Mcallister (SM)	Kilmarnock Harrier & Athletic Club	27:23	5
184	Daniel Docherty (U20M)	Clydesdale Harriers	28:30	5
185	Ted Finch (M70)	Lothian Running Club V50	36:08	3

Rank	Athlete	Club	Time	Leg
1	Lewis Hannigan (SM)	Glasgow University Hares and Hounds	29:15	2
2	Tom Martyn (SM)	Corstorphine AAC	29:23	2
3	Andrew Fyfe (SM)	Edinburgh Athletic Club	29:31	6
4	Duncan Robinson (SM)	Giffnock North AC	29:33	6
5	Cameron Milne (SM)	Central Athletic Club	29:53	2
6	Cameron Green (U20M)	Giffnock North AC	29:57	4
7	John Bell (SM)	Inverclyde Athletic Club	30:01	6
8	Michael Cameron (SM)	Edinburgh Athletic Club	30:04	2
9	Ross Good (SM)	Giffnock North AC	30:17	2
10	Andrew Thomson (U20M)	Fife AC	30:20	6
11	Cameron Harris (SM)	Glasgow University Hares and Hounds	30:25	4
12	Michael Christoforou (SM)	Cambuslang Harriers	30:27	4
13	Luca Fanottoli (SM)	Central Athletic Club	30:30	4
14	Noah Howlett (SM)	Edinburgh Athletic Club	30:33	4
14	Reiss Marshall (U20M)	Fife AC	30:33	2
16	Mohamed Warsame (SM)	Aberdeen Amateur Athletic Club	30:35	2
17	Dermot Cummins (SM)	Corstorphine AAC	30:41	4
18	Calum Mckenzie (SM)	Corstorphine AAC	30:42	6
19	Calum Phillip (SM)	Central Athletic Club	30:51	6
20	Conor Gourley (U20M)	Fife AC	30:55	4
21	Gregor Yates (M40)	Inverclyde Athletic Club	30:59	2
22	Fraser Stewart (SM)	Cambuslang Harriers	31:05	6
23	Aidan Thompson (SM)	Central Athletic Club	31:07	4
24	Magnus Tait (SM)	Glasgow University Hares and Hounds	31:15	6
25	Ewan Cameron (M40)	Edinburgh Athletic Club V40	31:16	6
26	Jonathan Moore (SM)	Motherwell Athletics Club	31:22	2
27	Jamie Mackinnon (SM)	Cambuslang Harriers	31:25	2
28	Grant Baillie (M40)	East Kilbride AC	31:26	2
29	Ross Gray (SM)	Inverclyde Athletic Club	31:35	4
30	Jordan Cruickshank (SM)	Metro Aberdeen Running Club	31:44	6
31	Will Mackay (SM)	Metro Aberdeen Running Club	31:45	2
31	Jim Tole (M40)	Metro Aberdeen Running Club V40	31:45	2
33	Julian Barrable (SM)	Corstorphine AAC	31:46	2
34	Aaron Odentz (SM)	Aberdeen Amateur Athletic Club	32:00	4
34	Fearghas Thomson (SM)	Aberdeen Amateur Athletic Club	32:00	6
36	Stuart Livingstone (M40)	Corstorphine AAC V40	32:05	6
37	Mickey Breen (SM)	Corstorphine AAC	32:07	6
38	Lesley Morrison (M40)	Metro Aberdeen Running Club V40	32:19	6
39	Andrew Ferguson (SM)	Corstorphine AAC	32:22	4
40	Seonaidh MacInnes	Glasgow University Hares and Hounds	32:27	2
41	Gordon Robertson (M40)	Cambuslang Harriers V40	32:29	6
42	Iain Reid (M40)	Cambuslang Harriers V40	32:30	2
43	Scott Macleod (SM)	Edinburgh Athletic Club	32:32	2
44	John Fergusson (SM)	East Kilbride AC	32:37	4
45	Oscar Coetzee (M40)	Bellahouston Road Runners	32:47	2
46	James Wright (SM)	Lothian Running Club	32:48	4
47	Callum Matthews (SM)	Cambuslang Harriers	32:51	2
47	Sam O'Neill (SM)	Linlithgow Athletic Club	32:51	2
49	Lewis McComb (SM)	Central Athletic Club	32:59	2
50	Craig Ferguson (SM)	Kilmarnock Harrier & Athletic Club	33:07	2

Rank	Athlete	Club	Time	Leg
51	Andrew Kirk (SM)	Kirkintilloch Olympians	33:08	6
52	Jonathan Roebuck (SM)	Inverclyde Athletic Club	33:09	2
53	Allan Christie (M40)	Metro Aberdeen Running Club V40	33:12	4
54	Steven Fitzpatrick (SM)	Cambuslang Harriers	33:15	4
55	Neil McCabe (SM)	Lothian Running Club	33:16	6
56	Euan Docherty (U20M)	Central Athletic Club	33:24	4
56	Calum Little (SM)	Falkirk Victoria Harriers	33:24	2
58	Euan Rose (SM)	East Kilbride AC	33:29	6
59	Matthew Graham (SM)	Kirkintilloch Olympians	33:32	4
60	Chris Poxton (M40)	Corstorphine AAC V40	33:33	2
61	Adam Stark (SM)	Bellahouston Harriers	33:37	2
62	Colin Thomas (M40)	Bellahouston Harriers	33:38	6
63	David Webster (SM)	Dundee Road Runners AC	33:39	4
64	Fraser Smith (SM)	Corstorphine AAC	33:40	2
65	Telfer Gray (SM)	Corstorphine AAC	33:53	4
66	Sandy Nimmo (SM)	Giffnock North AC	33:54	2
67	Stuart Johnston (M40)	Edinburgh Athletic Club V40	33:55	2
68	Florent Weillaert (SM)	Hunters Bog Trotters	33:57	6
69	Louis O'Hare (M50)	Cumbernauld Amateur Athletics Club V50	34:01	4
70	Tim Hely (M50)	Edinburgh Athletic Club V50	34:07	4
71	Dale Colley (SM)	Central Athletic Club	34:08	2
72	Euan Martin (SM)	Falkirk Victoria Harriers	34:13	4
73	Neil Renault (M40)	Edinburgh Athletic Club V40	34:23	4
74	Michael Paxton (M40)	Shettleston Harriers	34:29	4
75	Graeme Kafka (M40)	Hunters Bog Trotters V40	34:33	4
76	Andrew Casey (SM)	Aberdeen Amateur Athletic Club	34:35	2
77	Ian Hodge (M40)	Cambuslang Harriers V40	34:38	4
77	Alan Cunningham (M50)	Corstorphine AAC V50	34:38	4
79	Michael Richardson (SM)	Dundee Road Runners AC	34:40	2
80	Stephen Allen (M50)	Cumbernauld Amateur Athletics Club V50	34:43	2
81	Iain Macdonald (SM)	Edinburgh Athletic Club	34:48	4
82	Mark MacDermot (SM)	Edinburgh Athletic Club	34:49	6
83	Alan Knowles (M40)	Lothian Running Club	34:50	2
84	Alan Purves (SM)	Falkirk Victoria Harriers	34:52	6
85	Dave Ward (M40)	Hunters Bog Trotters V40	34:59	6
85	Greg Walker (M40)	Teviotdale Harriers	34:59	2
87	Richard McGaw (SM)	Metro Aberdeen Running Club	35:01	4
88	Jamie Reid (M50)	Cambuslang Harriers V50	35:03	4
89	Iain Burns (M40)	Shettleston Harriers	35:08	2
90	Fraser Kelly (SM)	Bellahouston Road Runners	35:13	6
90	Adam Strang (SM)	Musselburgh and District AC	35:13	4
92	Max Colligan (M50)	Corstorphine AAC V50	35:17	2
93	Oliver Reilly (SM)	Greenock Glenpark Harriers	35:19	2
94	Christopher Mooney (M40)	Greenock Glenpark Harriers	35:23	6
95	Gavin Mackay (M40)	Lothian Running Club	35:36	2
96	Callum Butterworth (SM)	Shettleston Harriers	35:40	6
97	Ross Milne (M40)	Corstorphine AAC V40	35:46	2
98	Michael Fullerton (M50)	Edinburgh Athletic Club V50	36:00	2
99	Miles Hollinshead (SM)	Giffnock North AC	36:01	4
100	Paul Clawson (M40)	Bellahouston Harriers	36:15	4

Rank	Athlete	Club	Time	Leg
101	Stuart Campbell (M50)	Corstorphine AAC V50	36:16	2
102	Mark Young (SM)	Teviotdale Harriers	36:27	4
103	Jordan Davidson (SM)	Bellahouston Road Runners	36:30	4
103	Keith Ovenstone (M40)	Corstorphine AAC V40	36:30	4
105	Douglas McKinnon (M40)	Corstorphine AAC V40	36:44	4
106	James Hall (M40)	Fife AC V40	36:48	6
107	Michael Miller (SM)	Clydesdale Harriers	36:50	2
108	George Hanson (SM)	Musselburgh and District AC	37:03	6
109	Sandy Gilhooly (SM)	Glasgow University Hares and Hounds	37:05	4
110	Paul Butler (SM)	Edinburgh Athletic Club	37:09	2
111	Brian Douglas (M50)	Cambuslang Harriers V50	37:10	2
112	Joseph O'Keefe (U20M)	Edinburgh University Hare & Hounds	37:20	2
113	David Shaw (M50)	Giffnock North AC	37:24	6
114	Stephen Hanley (SM)	Greenock Glenpark Harriers	37:32	4
115	Christopher O'Brien (M40)	Corstorphine AAC V40	37:39	6
116	Richard O'Grady (M40)	Helensburgh AAC V40	37:44	2
117	Ben Brown (SM)	Glasgow University Hares and Hounds	37:48	6
118	Huw Jones (M40)	Hunters Bog Trotters V40	37:50	2
119	Martin Hawksey (M40)	Linlithgow Athletic Club	37:56	4
120	Keith Charters (M50)	East Kilbride AC	37:59	2
120	Gerry Campbell (M50)	Edinburgh Athletic Club V40	37:59	2
120	Jamie Nix (SM)	Kilmarnock Harrier & Athletic Club	37:59	4
123	Ruairi Ferris (SM)	Kirkintilloch Olympians	38:00	2
124	David Hogg (M50)	Cumbernauld Amateur Athletics Club V50	38:06	2
125	Kevin Farmer (SM)	Cambuslang Harriers	38:14	6
126	Stewart Fraser (SM)	Teviotdale Harriers	38:16	6
127	Kevin Craig (SM)	Bellahouston Harriers	38:23	6
128	John Hancock (SM)	Edinburgh Athletic Club	38:39	4
129	Colin Partridge (M40)	Lothian Running Club	38:41	6
130	Ronald Mason (SM)	Musselburgh and District AC	38:50	2
131	Michael Carlin (M40)	East Kilbride AC	38:53	6
131	Marc Tierney (SM)	Motherwell Athletics Club	38:53	4
133	Andy Weir (SM)	Dundee Road Runners AC	39:01	6
134	Ian Sim (M40)	Bellahouston Harriers	39:03	2
135	Anthony Carson (SM)	Bellahouston Harriers	39:09	4
136	Eric Lalande (M40)	Fife AC V40	39:15	4
137	Iain Murray (SM)	Linlithgow Athletic Club	39:29	6
138	Ewan Jack (M50)	Central Athletic Club V50	39:44	4
139	Scott Coutts (SM)	Lothian Running Club	39:57	4
140	Matthew Sutherland (SM)	Central Athletic Club	40:05	6
141	Iain Craven (M40)	Edinburgh Athletic Club V40	40:06	4
142	Iain Cameron (M40)	Lothian Running Club	40:07	4
143	Grant Massie (SM)	Hunters Bog Trotters	40:13	2
144	Andrew Latham (M50)	Edinburgh Athletic Club V40	40:43	6
145	Andy Nichol (M50)	Corstorphine AAC V50	40:52	4
146	Jelmer Samplonius (SM)	Hunters Bog Trotters	41:01	4
147	Charles Graham-Marr (M60)	Central Athletic Club V50	41:05	2
148	Scott Elliott (M60)	Kirkintilloch Olympians V50	41:10	2
149	Jonathan Thomson (M50)	Lothian Running Club V50	41:43	2
150	Sandy Orr (M50)	Lothian Running Club V40	41:52	4

Rank	Athlete	Club	Time	Leg
151	Sandy Gardner (M50)	Victoria Park City of Glasgow AC V50	42:02	2
152	Graeme Wiseman (M50)	Clydesdale Harriers	42:04	4
153	Dougie Hunter (M50)	Lothian Running Club V40	42:28	2
154	Hamza Daudali (SM)	Glasgow University Hares and Hounds	42:58	2
155	Michael Diver (M50)	Clydesdale Harriers	43:19	6
156	Ian Brown (M60)	Helensburgh AAC V40	43:20	4
157	Richard Clark (M40)	Edinburgh Athletic Club	43:29	6
158	Alan Oliver (M50)	Helensburgh AAC V40	43:35	6
159	Robert Pattinson (M50)	Motherwell Athletics Club	43:43	6
160	Stuart Kelly (M50)	Victoria Park City of Glasgow AC V50	44:14	4
161	David Thomson (SM)	East Kilbride AC	44:44	4
162	Mick Mckee (M50)	Lothian Running Club V50	46:34	4
163	Scott Dickson (SM)	Motherwell Athletics Club	46:42	6
164	Scott Nelson (M50)	Lothian Running Club V40	47:03	6
165	Kenneth Hislop (M40)	Central Athletic Club	47:43	6
166	Peter Gallagher (M50)	Motherwell Athletics Club	48:37	2
167	Russell Rennie (M60)	Lothian Running Club V50	49:04	2
168	Fraser Ballantine (M40)	Lothian Running Club	49:07	2
169	John Burns (M60)	Motherwell Athletics Club	49:26	4
170	Innes Chalmers (M50)	Linlithgow Athletic Club V50	50:26	2
171	Stuart Mitchell (M50)	Lothian Running Club V50	51:50	4
172	Stephen Dickson (M40)	Fife AC V40	NT	2

Rank	Athlete	Club	Time	Leg
1	Beth Ansell (SW)	Edinburgh Athletic Club	17:53	1
2	Emma Creasey (SW)	Giffnock North AC	18:22	1
3	Margot Julia Wyrwoll (SW)	Edinburgh Athletic Club	18:28	1
4	Emma Jenkins (SW)	Aberdeen Amateur Athletic Club	18:43	1
5	Alicia Paton (SW)	Cumbernauld Amateur Athletics Club	18:45	1
5	Mercede Sanchez Oller (SW)	Edinburgh Athletic Club	18:45	3
7	Lucy Mitchell (SW)	Bellahouston Road Runners	19:05	3
8	Megan Crawford (SW)	Fife AC	19:09	3
9	Lorna Baird (SW)	Kilmarnock Harrier & Athletic Club	19:20	3
10	Kelly Taylor (SW)	Bellahouston Road Runners	19:40	1
11	Kirstin Maxwell (SW)	Corstorphine AAC	19:42	3
12	Holly Morrison (SW)	Shettleston Harriers	19:47	1
13	Victoria Riddell (SW)	Shettleston Harriers	19:58	3
14	Fiona Davies (SW)	Edinburgh Athletic Club	20:16	3
15	Pamela Baillie (W40)	Gala Harriers Athletic Club	20:25	1
16	Amy Maclellan (SW)	Shettleston Harriers	20:26	1
17	Jennifer Cruickshanks (SW)	Fife AC	20:29	1
18	Gillian Blee (W40)	Garscube Harriers	20:41	3
19	Martha Douglas (SW)	Gala Harriers Athletic Club	20:47	3
20	Ami Holtby-Wall (SW)	Central Athletic Club	20:54	3
21	Marie Kane (SW)	Cambuslang Harriers	20:56	1
22	Catriona Kane (U20W)	Central Athletic Club	20:59	1
23	Rhiannon Laing (SW)	Perth Road Runners	21:04	3
24	Megan Smith (SW)	Corstorphine AAC	21:08	1
25	Julie Hendry (W40)	Metro Aberdeen Running Club	21:10	3
26	Millie Aitken (U20W)	East Kilbride AC	21:14	1
26	Susan Ridley (W50)	Edinburgh Athletic Club V50	21:14	1
28	Julie Wilson (W50)	Edinburgh Athletic Club V50	21:17	3
29	Niamh Brown (SW)	Falkirk Victoria Harriers	21:18	1
30	Lorraine Macpherson (W40)	Perth Road Runners	21:20	1
31	Alison Wood (SW)	Garscube Harriers	21:26	1
32	Eve Martin (SW)	Dundee Road Runners AC	21:31	1
33	Carla Mclellan (SW)	Cumbernauld Amateur Athletics Club	21:33	3
34	Jilly Adams (SW)	Corstorphine AAC	21:49	1
35	Ruby McGill (U20W)	Glasgow University Hares and Hounds	22:02	1
36	Emma Livingstone (U20W)	East Kilbride AC	22:16	3
37	Martha Lovatt (W40)	Garscube Harriers	22:18	1
38	Gina Allen (W40)	Gala Harriers Athletic Club	22:24	1
39	Hannah Barnett (SW)	Dundee Road Runners AC	22:28	3
40	Gillian Lunn (W50)	Gala Harriers Athletic Club V50	22:36	1
41	Karen Dobbie (W50)	Edinburgh Athletic Club	22:39	3
42	Christine MacVarish (W50)	Lothian Running Club	22:56	3
43	Hannah Waugh (W40)	Edinburgh Athletic Club	23:05	1
44	Isla Cameron (W40)	Hunters Bog Trotters	23:12	3
45	Joeleen Murdoch (W40)	Gala Harriers Athletic Club	23:31	3
46	Rachel Wardrope (SW)	Cambuslang Harriers	23:37	3
47	Lynne Harrison (W50)	Greenock Glenpark Harriers	23:43	1
48	Julie McKean (W40)	Motherwell Athletics Club	23:51	3
49	Kayla Mccandlish (SW)	Kirkintilloch Olympians	23:52	3
50	Lydia Murchison (SW)	Helensburgh AAC	23:57	3

Rank	Athlete	Club	Time	Leg
51	Claire Williams (W40)	Lothian Running Club	23:59	3
52	Erica Christie (W60)	Cambuslang Harriers	24:06	1
53	Eileen Maxwell (W60)	Gala Harriers Athletic Club V50	24:13	3
54	Carly Monaghan (SW)	Shettleston Harriers	24:24	3
55	Louise Provan (W40)	Fife AC	24:25	1
56	Cheryl Thomas (W40)	Greenock Glenpark Harriers	24:30	3
57	Fiona Greaney (W50)	Motherwell Athletics Club	24:44	1
58	Tracy Curle (W50)	Linlithgow Athletic Club	24:57	1
59	Jennifer Main (SW)	Glasgow University Hares and Hounds	24:59	3
59	Roisin Murray (SW)	Linlithgow Athletic Club	24:59	3
61	Hannah Hislop (SW)	Central Athletic Club	25:02	1
62	Nicole De Jong (SW)	Hunters Bog Trotters	25:08	1
63	Stephanie Rudd (W50)	Bellahouston Harriers	25:22	1
63	Catherine Mccusker (W50)	Helensburgh AAC	25:22	1
65	Ruth Crawford (W40)	Metro Aberdeen Running Club	26:17	1
66	Mags Buckley (W40)	Lothian Running Club	26:26	1
67	Morag Casey (W50)	Garscube Harriers	26:29	3
68	Kathryn Holm (W40)	Linlithgow Athletic Club	26:33	1
69	Dawn Watson (W50)	Lothian Running Club	26:53	1
70	Megan McCrossan (SW)	Garscube Harriers	26:58	1
71	Heather Wood (W40)	Kirkintilloch Olympians	27:02	1
72	Susan Boyd (W70)	Kilmarnock Harrier & Athletic Club	27:06	1
73	Linda Wright (W50)	Helensburgh AAC V50	27:14	3
74	Shona Banks (W50)	Linlithgow Athletic Club	28:05	3
75	Janet Fellowes (W60)	Helensburgh AAC V50	29:13	1
76	Joanne Turnbull (W50)	Lothian Running Club V50	29:39	1
77	Mags Turnbull (W60)	Lothian Running Club V50	33:12	3

Rank	Athlete	Cub	Time	Leg
1	Annabel Simpson (SW)	Fife AC	33:07	4
2	Jenny Selman (SW)	Fife AC	34:43	2
3	Sara Green (W40)	Gala Harriers Athletic Club	34:49	4
4	Morag Millar (SW)	Central Athletic Club	34:51	2
5	Eilidh Bell (SW)	Shettleston Harriers	35:17	4
6	Rose Penfold (SW)	Edinburgh Athletic Club	35:49	4
7	Shona McIntosh (W40)	Hunters Bog Trotters	36:28	2
8	Chloe Malcolm (SW)	Edinburgh Athletic Club	36:31	2
9	Rebekah Russell (SW)	Bellahouston Road Runners	36:35	2
10	Kara Mckenzie-Tait (SW)	Corstorphine AAC	36:48	4
11	Josie-Wren Golder (U20W)	Corstorphine AAC	36:51	2
12	Katy Barden (W40)	Gala Harriers Athletic Club	36:56	2
13	Mairi Littleson (SW)	Dundee Road Runners AC	36:58	2
14	Katie Rourke (SW)	Gala Harriers Athletic Club	37:13	2
15	Holly Andrews (SW)	Bellahouston Road Runners	37:18	4
16	Jill Cox (W40)	Greenock Glenpark Harriers	37:26	2
17	Avril Mason (W40)	Shettleston Harriers	37:46	2
18	Elena Heger (SW)	Shettleston Harriers	37:48	2
19	Hazel Maccormick (W40)	Edinburgh Athletic Club	38:01	4
20	Lesley Hughes (SW)	Cambuslang Harriers	38:09	2
21	Katie White (W40)	Garscube Harriers	38:18	4
22	Lynsey O'Connor (W40)	Kilmarnock Harrier & Athletic Club	38:38	2
23	Mary Senior (W50)	Garscube Harriers	39:24	2
24	Kimberley Milne (SW)	Central Athletic Club	39:35	4
25	Kelly Baillie (W40)	East Kilbride AC	39:45	2
26	Anne Marie McGregor (W50)	Kirkintilloch Olympians	40:10	4
27	Gemma Griffiths (U20W)	Shettleston Harriers	40:27	4
28	Frances Liddell (SW)	Edinburgh Athletic Club	40:51	2
29	Jennifer MacLean (W50)	Edinburgh Athletic Club V50	41:05	2
30	Fiona Canavan (SW)	Dundee Road Runners AC	41:24	4
30	Emma Murphy (SW)	Cumbernauld Amateur Athletics Club	41:24	2
32	Paige Brown (SW)	Perth Road Runners	41:38	2
33	Zara Higgins (SW)	Cambuslang Harriers	41:39	4
34	Rose Ryan (U20W)	Perth Road Runners	41:59	4
35	Jennifer Johnston (W40)	Corstorphine AAC	42:01	2
36	Tara Fairley (W40)	Metro Aberdeen Running Club	42:23	2
37	Mel Zobel (W40)	Lothian Running Club	42:26	2
38	Christine Mulholland (W50)	Linlithgow Athletic Club	43:22	4
39	Ilona Kriauzaite (W40)	Metro Aberdeen Running Club	44:31	4
40	Tara Tallulah Garioch (U20W)	Glasgow University Hares and Hounds	44:35	2
41	Lisa Dalgliesh (W50)	Gala Harriers Athletic Club V50	45:00	2
42	Fiona Macfarlane (W40)	Greenock Glenpark Harriers	45:03	4
43	Emma Laverie (W40)	Edinburgh Athletic Club	45:09	4
44	Elaine Davies (W50)	Edinburgh Athletic Club	45:11	2
44	Julia McAfee (W50)	Helensburgh AAC V50	45:11	2
46	Vivien Thorpe (W40)	East Kilbride AC	45:57	4
47	Holly Smith (SW)	Garscube Harriers	46:09	2
47	Pauline Henderson (W60)	Bellahouston Harriers	46:09	2
49	Abigail Strath (U20W)	Lothian Running Club	46:36	4
50	Laura Johnstone (W40)	Helensburgh AAC	46:46	4

Saturday 23rd March 2024

scottishathletics National Road Relay Championships
Women LongLeg

Livingston

Rank	Athlete	Cub	Time	Leg
51	Marina McCallum (W50)	Kirkintilloch Olympians	46:59	2
52	Rosemary Gallagher (W50)	Linlithgow Athletic Club	47:19	2
53	Nicola Lyttle (SW)	Hunters Bog Trotters	47:40	4
54	Kirsty Gray (W40)	Lothian Running Club	49:15	4
55	Amy Cromarty (SW)	Garscube Harriers	49:48	2
56	Fiona Moar (SW)	Garscube Harriers	51:05	4
57	Lana O'Hara (W40)	Linlithgow Athletic Club	51:09	4
58	Helena Gribben (W50)	Falkirk Victoria Harriers	52:03	2
59	Emma Knox (SW)	Motherwell Athletics Club	52:12	4
60	Kirsty Nicholson (W40)	Linlithgow Athletic Club	52:17	2
61	Debbie Savage (W40)	Helensburgh AAC	52:19	2
62	Kirsten Paul (SW)	Lothian Running Club	54:14	2
63	Liz Bondi (W60)	Lothian Running Club V50	55:31	2
64	Shae Reynolds (U20W)	Glasgow University Hares and Hounds	56:06	4
65	Izzy Caufield (U20W)	Kilmarnock Harrier & Athletic Club	57:44	4
66	Emma Main (W40)	Motherwell Athletics Club	1:00:13	2
67	Pamela Parker (W50)	Cumbernauld Amateur Athletics Club	1:02:53	4